

Timothy M. Silver, M.D.
Sheltering Arms Hospital South
13700 St Francis Blvd
Midlothian, Virginia 23113
tsilver@shelteringarms.com

Education:

East Carolina University School of Medicine Greenville, NC	Doctor of Medicine	1997
Barry University, School of Biomedical Science Miami Shores, FL	Master of Science	1993
Virginia Union University, Chemistry/Biology Richmond, VA	Bachelor of Science	1991

Licensure:

Virginia # 0101029043

Certification:

American Board of Physical Medicine and Rehabilitation
Diplomate #7415
Initial certification 2003- 2013,
Recertification 2013- 2023

Professional Medical Training:

Medical College of Virginia - Resident in Physical Medicine and Rehabilitation
1998- 2001
Yale University/ Norwalk Hospital - Resident in Internal Medicine
1997 -1998

Professional Appointments:

Chief Medical Officer- Sheltering Arms Hospital South 2013
Chief of Staff- Sheltering Arms Hospital south 2005- pres
Clinical Associate Professor Virginia Commonwealth University, Department of PM&R 2006-Present
Clinical Preceptor- Department of Family Medicine-2005-2010
Medical Director – Sheltering Arms Rehabilitation Hospital – South, Midlothian, VA from 8/1/2005- Pres
Chief of Pain Clinic - McGuire Veterans Administration Medical Center, Richmond, VA from 9/5/2001 to 7/31/2005
Chief of Polytrauma- VAMC- 2004-2005
Chief of Service and Attending Physician - Dept of PM&R; McGuire Veterans Administration Medical Center, Richmond VA from 9/5/2001 to 7/31/2005
Interim Director of Inpatient Pediatric Rehabilitation - Children’s Hospital, Richmond VA from 7/2/2001 to 6/30/02
Assistant Professor -Virginia Commonwealth University, Department of Physical Medicine and Rehabilitation from 7/2/2001

Professional Activities:

Medical Examiner Volunteer- Local- 2012-2013

Bon Secour Saint Francis Medical Center- Medical Executive Committee- member at large 2009-2012, 2013-2015

Bon Secours Saint Francis Medical Center- Director of Sports Medicine **2006-2008**

Vice- Chair Orthopedic Surgery Department 2006-2008

Medical Reserve Corp, Member, Virginia Department of Emergency management-2009

Virginia Department of Military Affairs – Division Surgeon, and Medical Regiment Commander: State emergency management-volunteer 2008-Pres

Member, AAPRP “Ask the Doctor” Committee - 2004

Member, AAPRP Membership Committee - 2003

Member, American Association of Professional Ringside Physicians (AAPRP) - 2002 – present

Chairman, World Kickboxing Association Medical Advisory Board - 2003

Guest Lecturer, VCU Department of Sports Medicine - 1999

Guest Lecturer, VCU Department of Bioengineering - 2003-2004

Invited Abstract Reviewer, Veterans Administration Central Office Rehabilitation R&D National Scientific Meeting - 2004

Peer Reviewer, Archives of Physical Medicine and Rehabilitation - 2004

Member, Virginia Commonwealth University (VCU) Department of PM&R Education Committee - 2003-Pres

Chairman, McGuire VAMC Major Medical & Special Equipment Committee - 2004

Chairman, McGuire VAMC Home Improvement and Structural Alteration Committee – 2004

Advisory Board Member, Model Systems for Comprehensive Rehabilitation Services for Persons with Traumatic Brain Injury (Department of Education - NIDRR) – 2003

Member, McGuire VAMC Medical Records Committee - 2004

Chairman, Resident Physician Council Bylaws and Operations Committee - 1999

Member, American Academy of PM&R Bylaws, Operation and Strategic Planning Committee -1999

Contributing Editor, *Rehab in Review* - 1999-2001

Regional Managing Editor, *Rehab in Review* - 1999-2001

Associate Chief Resident - 2000-2001

Military Training:

Medical Examiner training course 2012

FEMA ICS 300,400 2010

MEMS-Basic Badge Certified 2010

National Association of EMS Physicians-
Medical Directors Course 2009

FEMA professional development series 2009

US Army Drill Sergeant School, Ft Jackson, SC 1986

US Army Infantry School- Ft Benning, GA 1985

Primary Leadership Development Course- 1984

US Army Basic Training Fort McClellan, AL – 1981

US Army Chemical School , Fort McClellan, AL 1981

Sports Medicine Experience:

Rio 2016 Summer Olympics –Volunteer athlete care physician and team lead-2016 Summer Games
Medical advisory Board on Athlete Concussions- VIAA 2013-Pres
Team Physician- **Richmond Renegades** Professional Hockey Richmond Virginia- 2007- 2009
Intramural Rugby- Virginia Commonwealth University- team physician coverage 2007-present
TORINO 2006- Volunteer Athletic Care Physician- Polyclinic Physician- Torino Olympic Village
International Olympic Committee-2008 Winter Games
Association of Ringside Physicians- Board of Directors/ Board Member since 2006
WBC World Medical Conference for Boxing Medicine- Cancun, Mexico- 2006 USA representative
ATHENS 2004-Volunteer Athletic Care Physician- covered the Judo and Wrestling venue International
Olympic Committee – 2004 Summer Games
ATHENS 2004 Paralympics – September 2004 Volunteer Athletic Care Physician- Athletics venue
Summer Games 2004
Team Physician- **Team USA WKA Kickboxing Amateur Division** 2000 – pres
WKA World Championships- Marina de Massa, Italy 2002 Team Physician Team USA
**Team Sports Physician, Virginia Union University Football NCAA Div 2, Virginia Commonwealth
University Soccer NCAA Div 1, Volleyball, Basketball, Field Hockey - 1998-2001**

Professional Affiliations:

American Academy of Physical Medicine & Rehabilitation- Fellow
American College of Sports Medicine
Association of Ringside Physicians- Board member 2009-2014
American Medical Association

Publications:

Sureja RN, Walker WC, **Silver T**, Pickett TC. Neuromotor impairment after severe TBI: A longitudinal, multicenter study [abstract]. Arch Phys Med Rehabil 2005;86:E10. Data from this study were presented at the American Academy of Physical Medicine and Rehabilitation Annual Assembly, 2005 Oct 27-30, Philadelphia, Pennsylvania

W. Walker, R. Seel, M. Gibellato, H. Lew MD, M. Cornis-Pop, T. Jena, **T. Silver**: The effects of Donepezil on traumatic brain injury acute rehabilitation outcomes *Brain Injury* June 2004 18(8)

Smith AA, **Silver TM**: Cell by Cell Comparison of Zirconyl Hematoxylin versus Alcian Blue Staining of Paget Cells in a Case of Extramammary Paget's Disease. *Journal of Cut Path*, Feb 2003

Burnett DM, **Silver TM**, Kolakowsky-Hayner SA, Cifu DX: Functional outcome for African-Americans and Hispanics treated at traumatic brain injury model systems center. *Brain Injury* 2000;14(8);713-718

Walker W. **Silver T.**, Case Report and Rehabilitative Management of a Complete Musculocutaneous Nerve Injury caused by Shoulder Dislocation, *Journal of Musculoskeletal and Back Injuries*, 16 (2002) 45-48

Silver T, McKinley W. "Functional Outcome by Spinal Cord Level of Injury". *E-Medicine*, 2(12), 2001

Silver, TM, White JM, Chapter on Physical Medicine and Rehabilitation, *500 A+ Students In Medicine, review book for Medical Students* , University Press 2000

Franco W, **Silver T**:CMV Colitis and AIDS, a case study- *Hospital Consultant*, 1997

York DS, **Silver TM**, Smith AA, Innervation of the Supranasal Sac of the Puff Adder- *The Anatomical Record*, 1998 Jun;251(2):221-5

Silver T., Making Thick Paraffin Sections Thinner by Slide Shaving, *The Journal of Histotechnology* ,19 March (1996) 87

Awards and Honors:

2013 Top Doc HealthTap, Editorial Board member,
“Top Doc “designation by Richmond Magazine 2008, 2010 as ranked by peers
2010 Presidential Volunteer Service “Call to Service” Life time Achievement Award
2004 Presidential “Call to Action” Volunteer Service Gold Award
Physician’s Recognition Award with Commendation- American Medical Association -
2004-2007
Physician’s Recognition Award – American Medical Association - 2001-2004
Department of PM&R Clinical Excellence Award - 1999-2000

References: Available upon request